



**APOLLO HOSPITALS,SECUNDERABAD**

**MOM – 06i**

**Issue: C**

**POLICY ON SELF-ADMINISTRATION OF MEDICATIONS**

**Date:06-01-2017**

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**PREPARED BY:**

**Dy. Medical Superintendent**

**APPROVED BY:**

**Chief Executive Officer**

## **1.0 Purpose**

To establish a policy and procedure for self-medication and self-medication education for in-patients.

## **2.0 Policy**

- 2.1** The hospital does not allow any kind of self-medication by the patients.
- 2.2** The patient shall disclose to his/ her physician the medications being taken by him before the treatment started.
- 2.3** All medications shall be prescribed by the Physician in written and obtained from the hospital pharmacy requisition made by doctor/ nurse.
- 2.4** The nurse in charge shall administer the medication to the patient after consulting with the Senior Consultant / Consultant's note.
- 2.5** If required the Senior Consultant / Consultant shall prescribe medications to the patients during discharge. The patient shall be educated on self-administration of medicine during discharge.



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**2.6** Patients shall be counseled and trained for self-administration of medications such as insulin before they are discharged from the hospital.